

## Determination of minimum effective dose of nutilite for optimal growth, metabolism and silk production in the silkworm, *Bombyx mori*

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### ABSTRACT

The sericultural productivity could be effectively modulated by enriching the silkworm diet with exogenous protein-rich nutrients like the Amway nutilite. The minimum effective dose (MED) of nutilite that promotes optimal larval growth, activates metabolism and improves silk production in *Bombyx mori* has been determined, by a step- down process starting from higher dose (5%) to a lower dose (1%) together with a parallel zero-dose control. The MED for larval growth was determined by analyzing changes in the body weight and that of metabolism and silk production by assaying protein levels of the silk gland, fat body and haemolymph. The findings were meaningfully interpreted in terms of compound periodical growth rates. The study demonstrated that the MED of nutilite differs from tissue to tissue. Nutilite at 1% dosage level (1 g in 100 ml/100 worms) evoked greater response in the larval body growth and optimal protein synthesis in the silk gland and fat body. Hence, 1% dose of nutilite in distilled water is recommended as the MED for positive improvements in the larval growth, metabolism and silk production in the mulberry silkworm, *Bombyx mori*.

**Keywords:** *Bombyx mori*, Growth, Minimum effective dose, Nutilite, Proteins

### INTRODUCTION

Nutrition is the single most factor that contributes to the growth and development in *B.mori*<sup>1-2</sup>. A variety of nutrients, minerals, antibiotics, vitamins, hormones and other exogenous modulators were successfully applied in sericulture with a view to stimulate growth, metabolism and silk production in *B. mori*<sup>3-11</sup>. Most of these nutritional-enrichment studies were based largely on indiscriminate application of commercial and expensive nutrients. The application of AMWAY nutilite has not been explored in the field of sericulture so far. The present study intends to determine the minimum effective dose (MED) of Amway nutilite and to recommend that dose for testing its nutritive role on *Bombyx mori*, with special reference to larval growth, metabolism, silk production and economic traits of sericulture.

### MATERIAL AND METHODS

The present investigation was carried out on Pure Mysore x CSR<sub>2</sub> hybrid strain of *Bombyx mori* reared under 28°C and 85% RH as per Krishnaswami<sup>12</sup>. The silkworm larvae were fed with M<sub>5</sub> variety of mulberry leaves at 6 AM, 10 AM, 2 PM, 6 PM and 10 PM, under normal 12 hr light and 12 hr dark conditions. After the third moult, the fourth instar larvae were divided into five batches (one control and four experimental) of 100 worms each. The worms of the control batch were fed with normal mulberry leaves and designated the zero-dose control (ZDC) and those of the experimental batches were fed with nutilite-enriched mulberry leaves once in a day at 6.00 PM, while normal feeding pattern continued at other timings in the day.

Before feeding, the nutilite-enriched mulberry leaves were prepared by dipping them in different concentrations (*viz.*, 5%, 3%, 2% and 1%) of the nutrient and dried under cool weather conditions.

The minimum effective dose (MED) of nutilite was determined by step-down process, starting from a higher concentration of 5% to a lower concentration of 1% along with the zero-dose control (ZDC)<sup>13-15</sup>. The MED of nutilite for larval growth was determined by recording the body weight of 25 randomly selected silkworms in an electronic balance (ELICO; MODEL BL-22OH) during fourth and fifth instar stages and the same was expressed in grams. The total protein content was estimated in 1% homogenates of silk gland (SG) and fat body (FB) and 1:9 diluted haemolymph (HL) in distilled water by the method of Lowry *et al*<sup>16</sup>, and the same was expressed in mg protein /gram wet weight of tissue (or) mg/ml of haemolymph. The experimental data were statistically analyzed online by using Graphpad ([www.graphpad.com/quickcalcs/indexctm](http://www.graphpad.com/quickcalcs/indexctm)) and percent change ([www.percent-change.com/index/php](http://www.percent-change.com/index/php)) packages and meaningfully interpreted in terms of computing compound periodical growth rates (CPGR) as per Sivaprasad<sup>17</sup>.

## RESULTS AND DISCUSSION

Minimum effective dose (MED) is the lowest dosage level that yields a response greater than that of the zero-dose control. In growth related studies involving treatment conditions, it is used as a powerful tool for tracing the dose-response relationship<sup>18-19</sup>. The Amway nutilite, which is a prime source of soya protein (80%) and 9 essential amino acids, could play a vital role in the larval growth and development of silkworm and could potentially improve the economic traits of sericulture<sup>6</sup>. Its impact in this area could vary as a function of its dosage in the diet and the stage of development of silkworm and the physiological condition of the tissues under study. Hence, it is essential to determine its minimum effective dose for different economic parameters of sericulture. The findings of the present investigation are expected to achieve this objective (Tables 1 and 2; Figures 1 and 2).

### Nutilite versus larval body growth

During the fourth instar development, the larval body weight of ZDC batch showed an overall growth rate (OGR) of ~168.9% and a compound periodical growth rate (CPGR) of 39.03% (Table.1A). When the silkworm larvae were fed with 5% nutilite the growth rates remained un-affected and the larvae maintained growth trends at par with those of ZDC. However, the nutilite evoked positive response in larval growth rates at three other dosages (*i.e.*, 3%, 2% and 1%). As shown in table 2A, the larval body weight recorded an OGR of ~181% and a CPGR of 41.16% under the influence of nutilite uniformly at these three dosages (Table 1A and Fig. 2). The impact of nutilite on fifth instar larvae is quite different. It evoked varying levels of positive response at different dosages that culminated in significant elevations in both OGR and CPGR values. As shown in table 1B, the larval body weight of the ZDC batch recorded an OGR of ~206% and a CPGR of 20.52%. When fed with nutilite-enriched mulberry diet, the OGR and CPGR values were elevated respectively by~243% and 22.78% at 5% dosage level, ~247% and 23.03% at 3% level, ~253% and 23.41% at 2% level and 266% and 24.14% at 1% level (Table 1B and Fig.1).

The study highlights that the growth rates show instar specificity in the silkworm. The silkworm grows steadily at a faster rate in fourth instar (CPGR: 39.03%) compared to fifth instar (CPGR: 20.52%). Contrarily, the impact of nutilite on larval growth was almost negligible in fourth instar but more pronounced in fifth instar. While, the nutrient caused no change in its growth rates at 5% dosage level, it affected same levels of elevation in growth rates at 3%, 2% and 1% levels during fourth instar development. At these three doses, the nutilite caused elevation in fourth instar larval growth rates by 12.5 additional percentile points (181.3-168.8) in OGR and 2.13 percentile points (41.16 – 39.03) in CPGR (Table 1A). On the other hand, the nutrient enhanced the fifth instar growth rates in a liner fashion with an inverse relationship; the lower the dosage of nutilite the greater will be the enhancement in growth rates. For instance, the nutrient boosted the OGRs and CPGRs respectively by 36.2 (242.6-206.4) and 2.26 (22.78–20.52) additional percentile points at 5% level, 40.4 (246.8-206.4) and 2.51 (23.03–20.52) additional percentile points at 3% level, 46.8 (253.2-206.4) and 2.89 (23.41–20.52) additional percentile points at 2% level and maximally by 59.6 (266.0-206.4) and 3.62 (24.14 – 20.52) additional percentile points at 1% level (Table 1B and Fig.1).

Thus, the effect of nutilite is specific and directed towards boosting the growth rate in the silkworm larvae during fifth instar development. Selectively, the nutilite stimulates growth in slow growing fifth instar worms, but doesn't affect that in fast-growing fourth instar worms. Though, the reason for the growth stimulating effect is not clear, it is attributable to the phago-stimulant activity of nutrients, it contains<sup>20</sup>. Thus, the potency of nutilite has been demonstrated at 1% dosage level (i.e., 1 g of nutilite in 100ml/100 worms). Hence, this dose is strongly recommended as the minimum effective dose (MED) for larval growth in *B. mori*.

#### **Nutilite versus tissue proteins**

The analysis of tissue-based proteins under treatment conditions could be considered as an index of metabolic rate in *B. mori*<sup>15</sup>. Obviously, the MED of nutilite that positively impacts the larval metabolism in the silkworm could be determined by analyzing the protein profiles of SG, FB and HL.

**Silk gland proteins (SGP):** The silk gland is the major site of silk protein synthesis. Apart from two silk proteins (fibroin and sericin), it synthesizes and stores 91 other proteins involved in metabolism, immunity, heat-shock mechanism, cytoskeleton formation, protease inhibition, transport and transcription<sup>21-26</sup>. The positive growth trends observed in the larval body weight were reflected in the protein profiles of silk gland (SG). In the ZDC batch, the SGP levels recorded an elevation of ~320% in OGR and 104.99% in CPGR (Table 2A). When the larvae were fed with 5% nutilite-fortified mulberry leaves, the SGP levels recorded an OGR of ~409 % and a CPGR of 125.58%. At the 3% concentration of nutilite, the SGP levels recorded an elevation of ~410% and in CPGR levels by 125.93%. At 2% dosage level, the nutilite caused an elevation in SGP levels by 430% and a CPGR of 130.66%. At a minimal level of 1% dosage, the nutilite caused maximal elevation of ~460% in SGP levels with a CPGR of 136.70% (Table. 2A and Fig.2). Thus, under the influence of nutilite, the OGR and CPGR of SGP were elevated respectively by 88. 7 (408.9-320.2) and 20.59 (125.58-104.99) additional percentile points at 5% dosage level, 90.1 (410.3-320.2) and 20.94 (125.93-104.99) additional percentile points at 3% dosage level, 109.8 (430.0-320.2) and 25.67 (130.66-104.99) additional percentile points at 2% dosage level and maximally by 140.1 (460.3-320.2) 31.71 (136.70-104.99) additional percentile points at 1% dosage level (Table 2B; Fig.2). Though, the reasons for their changes have not been examined in the current study, the positive impact of nutilite on the protein content of silk gland is attributable to its mineral and vitamin composition<sup>27-29</sup>.

**Fat Body Proteins (FBP):** The insect fat body represents the major site of protein synthesis and amino acid metabolism. Functionally, it is analogous to the liver and adipose tissue of higher vertebrates<sup>30</sup>. In *B. mori*, the FB synthesizes and stores over 177 proteins implicated in larval growth and development<sup>31-32</sup>. The study demonstrated that nutilite caused more promising impact on FBP levels at lower concentrations during fifth instar larval development (Table. 2B and Fig.2). In the ZDC batch, the FBP levels were elevated significantly, showing an OGR of ~58% and a CPGR of 25.83%. At 5% concentration of nutilite, the protein levels were doubled with an OGR of ~102% and a CPGR of ~42.02%. At 3% concentration, the FBP levels projected an OGR of ~114% and a CPGR of 46.41%. At 2% dosage level, they showed an OGR of ~107% and a CPGR of 43.45% and at 1% level an OGR of ~117% and a CPGR of 47.47% (Table. 2B and Fig.2). Thus, under the influence of nutilite, the OGR and CPGR of FBP were elevated respectively by 43. 6 (101.9-58.3) and 16.24 (42.07-25.83) additional percentile points at 5% dosage level, 56.1 (114.4-58.3) and 20.59 (46.41-25.83) additional percentile points at 3% dosage level, 48.3 (106.6-58.3) and 17.62 (43.45-25.83) additional percentile points at 2% dosage level and by 59.2 (117.5-58.3) and 21.64 (47.47-25.83) additional percentile points at 1% dosage level (Table: 2B; Fig: 2). Thus, the present study highlights the positive impact of nutilite on FBP levels at its MED of 1% in distilled water.

**Haemolymph Proteins (HLP):** The HL plays a dual role of transportation and storage. It stores and transports about 241 to 298 proteins involved in metamorphosis, ecdysis, chitin and haemocyte formation, growth of silk gland and reproductive organs<sup>33-35</sup>.

The analysis of growth trends in ZDC batch indicates that the total protein levels in the circulating medium of haemolymph have shown an OGR of ~28.2% and a CPGR of 13.24% during fifth instar development. Under the influence of nutrilit, the HLP levels recorded 32% elevation in OGR and 14.88% rise in CPGR at 5% dosage level. Likewise, the HLP levels grew by 37.9% in OGR and 17.43% in CPGR at 3% level, 39% in OGR and 17.9% in CPGR at 2% level and 37.8% in OGR and 17.37% in CPGR at 1% level (Table 2C). Thus, the HLP levels were positively modulated by nutrilit at all dosages examined, but more significantly at 2% level. At this concentration the CPGR of HLP was elevated maximally by 10.8 additional percentile points in OGR (39.0-28.2) and 4.66 percentile points (17.90-13.24) in CPGR. Whereas, it caused comparatively lower elevations in HLP levels at three other doses. For instance, it caused just 3.8 additional percentile points in OGR (32.0-28.2) and 1.64 percentile points (14.88-13.24) in CPGR at 5% dosage level, 9.7 additional percentile points in OGR (37.9-28.2) and 4.19 percentile points in CPGR (17.43-13.24) at 3% dosage level, 10.8 percentile points in OGR (39.0-28.2) and 4.66 (17.9-13.24) percentile points in CPGR. However, at 1% dosage level, the nutrilit caused an elevation of 9.6 (37.8-28.2) percentile points in OGR and 4.13 (17.37-13.24) percentile points in CPGR. It is likely that the nutrilit-treated mulberry leaves could stimulate somatic growth in the larval body during metamorphosis by selectively altering the biochemical composition of haemolymph by mobilizing hormone molecules like bombyxin<sup>4, 35-36</sup>. This could be one potential area for further research in this field.

The study demonstrates two points. Firstly, the MED of nutrilit differs from tissue to tissue. It is effective at 1% dosage level in the silk gland and fat body and at 2% dosage level in haemolymph. Secondly, its tissue-based impact on protein profiles indicate that the nutrilit modulates metabolism either by de novo protein synthesis or by mobilizing proteins from other tissues as suggested in our previous study<sup>15</sup>. The growth trends in their levels indicate that both the mechanisms are likely in *B. mori*. The differential dose requirements of nutrilit by different tissues, further substantiates that the protein pool in the silk gland is reinforced by inputs from the fat body-derived haemolymph proteins. The prevalence of higher proteins in the silk gland, more particularly in the fat body, coupled with their declining trends in the circulating medium of haemolymph at 1% dosage level, indicates that proteins are not only synthesized in the silk gland, but also mobilized from the reserve pool of the fat body. More importantly, the decline level of proteins in haemolymph under the influence of 1% nutrilit is probably due to transportation of proteins from the fat body to silk gland through the haemolymph<sup>37</sup>.

**Table 1: Effect of different concentrations (5%, 3%, 2%, 1%) of nutrilit on the body weight of *Bombyx mori* during fourth (A) and fifth instar (B) larval stages**

Day	Statistical tool	Zero dose control	Experimental (Concentration of nutrilit)			
			5%	3%	2%	1%
<b>(A) Growth in fourth instar larval body weight (mg/g)</b>						
Day-1	Mean S.D	0.16±0.009	0.16±0.009	0.16±0.009	0.16±0.009	0.16±0.009
Day-4	Mean S.D	0.43±0.01*	0.43±0.01*	0.45±0.007*	0.45±0.004*	0.45±0.01*
OGR (%)		168.8	168.8	181.3	181.3	181.3
CPGR (%)		39.03	39.03	41.16	41.16	41.16
<b>(B) Growth in fifth instar larval body weight (mg/g)</b>						
Day-1	Mean S.D	0.47±0.007	0.47±0.007	0.47±0.007	0.47±0.007	0.47±0.007
Day-7	Mean S.D	1.44±0.01*	1.61±0.01*	1.63±0.003*	1.66±0.007*	1.72±0.004*
OGR (%)		206.4	242.6	246.8	253.2	266.0
CPGR (%)		20.52%	22.78%	23.03%	23.41%	24.14%

\* Statistically significant; \*\*statistically not significant

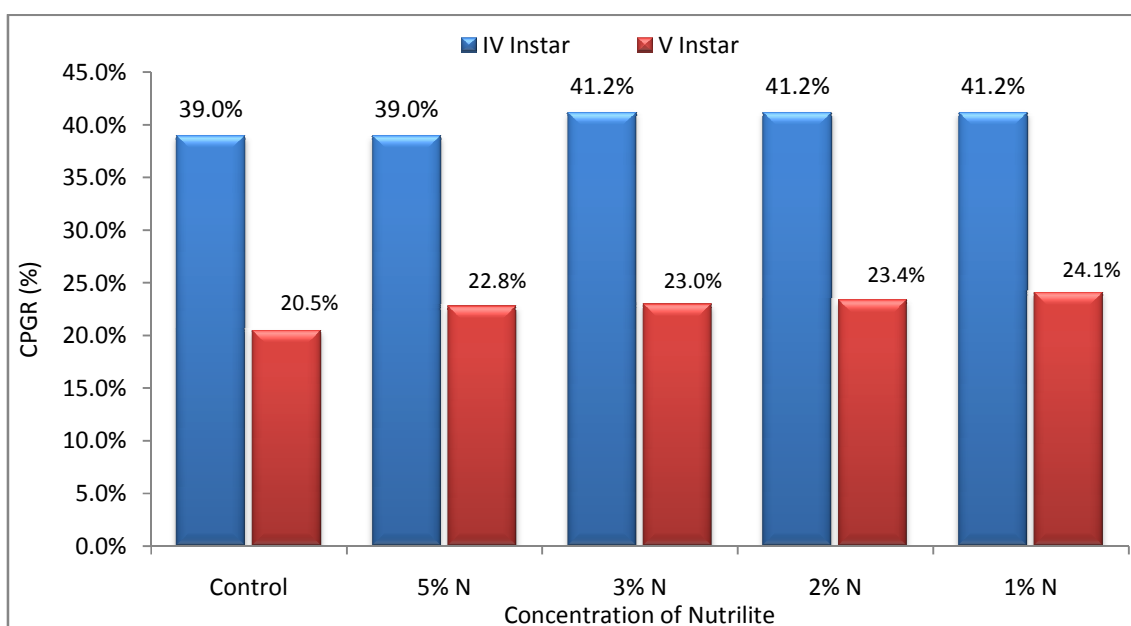
Each value represents the mean body weight of 25 worms ± standard deviation of four individual observations (P value < 0.001). The overall growth rates (OGRs) were calculated taking the zero dose control as the base value and compound periodical growth rates (CPGR) on the basis of first and last day values as per Sivaprasad<sup>17</sup>.

**Table 2: Effect of different concentrations (5%, 3%, 2%, 1%) of nutilite on total protein levels of silk gland (A), fat body (B) and haemolymph (C) in *Bombyx mori* during fifth instar larval development**

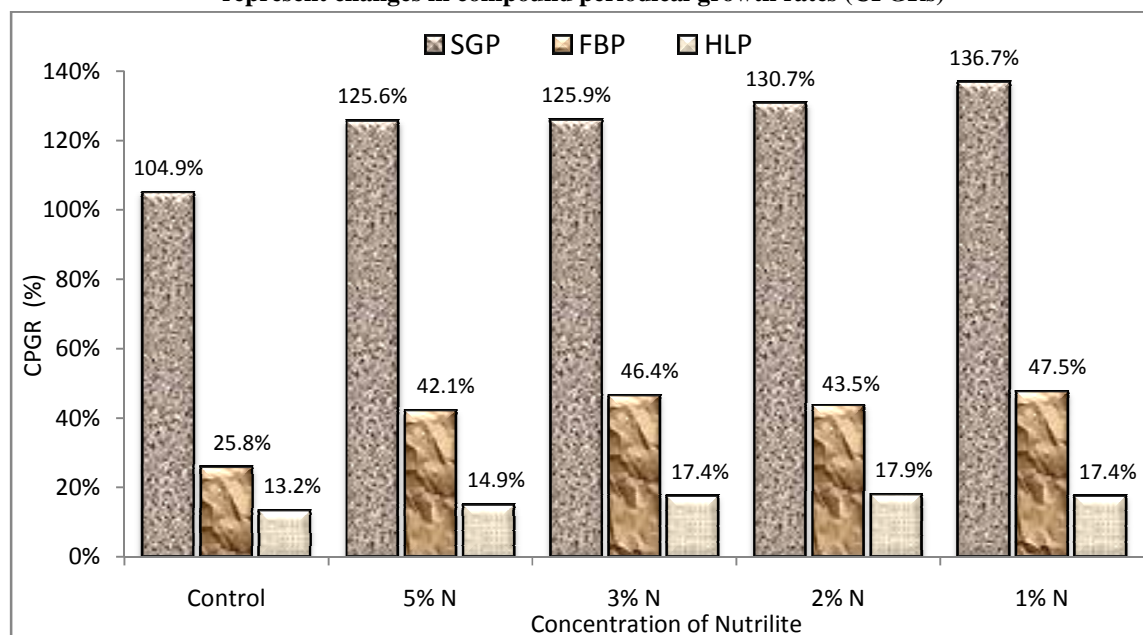
Day	Statistical tool	Zero dose control	Experimental (Concentration of nutilite)			
			5%	3%	2%	1%
<b>A. Growth in silk gland proteins (mg/g)</b>						
Day-1	Mean S.D	16.67±0.10	16.67±0.10	16.67±0.10	16.67±0.10	16.67±0.10
Day-7	Mean S.D	70.05±0.04*	84.83±1.22*	85.09±2.92*	88.69±1.44*	93.40±1.58*
OGR (%)		320.2	408.9	410.3	430.0	460.3
CPGR (%)		104.99%	125.58	125.93	130.66	136.70
<b>B. Growth in fat body proteins (mg/g)</b>						
Day-1	Mean SD	25.92±1.25	25.92±1.25	25.92±1.25	25.92±1.25	25.92±1.25
Day-7	Mean SD	41.04±0.03*	52.32±1.74*	55.56±0.61	53.54±1.34*	56.37±1.28*
OGR%		58.3	101.9	114.4	106.6	117.5
CPGR (%)		25.83%	42.07%	46.41%	43.45%	47.47%
<b>C. Growth in haemolymph proteins (mg/ml)</b>						
Day-1	Mean SD	6.41±0.18	6.41±0.18	6.41±0.18	6.41±0.18	6.41±0.18
Day-7	Mean SD	8.22±0.02*	8.46±0.03*	8.84±0.08*	8.91±0.03*	8.83±0.02*
OGR (%)		28.2	32.0	37.9	39.0	37.8
CPGR (%)		13.24%	14.88%	17.43%	17.90%	17.37%

\* Statistically significant; \*\*statistically not significant

Each mean represent the mean, ± standard deviation of four individual observations, expressed in mg/g or mg/ml (P value < 0.001). The overall growth rates (OGRs) were computed taking the zero dose control as the base value and the compound periodical growth rates (CPGR) on the basis of first and last day values as per Sivaprasad<sup>17</sup>.

**Fig.1: Effect of different doses (5%, 3%, 2%, 1%) of nutilite on the larval growth of *Bombyx mori* during fourth and fifth instar larval stages. The growth trends represent changes in compound periodical growth rates (CPGRs)**

**Fig.2: Effect of different doses (5%, 3%, 2%, 1%) of nutrilitite on protein levels in silk gland (SGP), fat body (FBP) and haemolymph (HLP) during fifth instar larval development in *Bombyx mori*. The growth trends represent changes in compound periodical growth rates (CPGRs)**



### CONCLUSION

The commercially available protein- rich nutrilitite, an Amway Product, has potential to stimulate growth, protein synthesis and metabolism in the silkworm *Bombyx mori*. Its potential can be realized at a minimum effective dose (MED) of 1% in distilled water. It selectively accelerates the growth rate in the silkworm larvae, at a time when it is naturally slower and stimulates protein synthesis, even in the inert regions of the silk gland. As discussed earlier, the nutrilitite enhances the growth rate during fifth instar larval life, more effectively than that of fourth instar. Similarly, it stimulates silk protein synthesis in the silk gland more than it does so in the fat body and haemolymph. By virtue of its accelerating role on growth and silk protein synthesis, the nutrilitite has potential to improve the productivity and quality of silk produced by *B. mori*. The possibility of its application in sericulture in the form of enriched mulberry diet can be explored after conducting relevant field trials.

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